

Drop off procedure 1: Parents park in parking lot

2: Wait until a coach opens the door

3: Parent walk child to tape marks on sidewalk (South East entrance)

4: No more than 3 students lined up at any time

5: Temperature checks

6: Sanitizing hands

7: Child will enter the gym

8: Parent return to car (No parents in the lobby) If communication is needed:

Coach Peggy's Cell 308-390-5077 Coach Kenzie's Cell 308-380-1294

Pick up procedure: 1: We will be dismissing out the back South door (faces the South) please pick up your child on time.

Coaches entering the building will be required have temperature taken and sanitize hands upon entering the building. Coaches will be wearing masks.

All students' temperatures will be taken before entering the building, parents must stay until it has been taken. If temperature is over 100 degrees the student may not participate in class.

Illness: Gymnasts should not attend class if ill within 24 hours of class or if any illness in the house. If child becomes ill during class they will be sent home immediately.

Gymnasts should use bathroom at HOME prior to class to minimize bathroom use at gym (younger students that may have difficulty going to restroom on their own, Please feel free to put a pull up on them).

Gymnasts and coaches will be using the 6ft social distancing guidelines at most times therefore, spotting during class will be minimal and only used for safety reasons.

After each rotation, gymnasts and coaches will sanitize at one of our many sanitizing stations.

Time in between classes will be used for sanitizing equipment as thoroughly as possible.

Coming to class on time is extremely important as well as being picked up on time.

Water fountains are turned off, child may bring water bottle with name on it and placed in a cubby in the lobby.

All gymnasts must wear gymnastics attire (leave shoes with parent).

No jewelry, no gum chewing, hair must be pulled back.

By signing this I agree and have read all the new rules and regulations and release and waiver of liability, assumption of risk and indemnity agreement to Grand Twisters School of Gymnastics, Inc.

Date: _____

Parent Signature

