

# PLEASE READ OUR LOBBY RULES:

- **NO** Running, Cartwheels, Hide n Seek, or Horseplay. This behavior will not be tolerated.
- **Children are not to be unattended while siblings are in class or left unattended in lower lobby while other child is in class upstairs.**
- Please do not let your child run in and out of the building or play on the stairs, these are safety issues.
- Children are not allowed in the leotard room without a parent. We have items that are stored in there that are used for our preschool.
- Gymnasts should arrive for class no more than **10 minutes** prior to their scheduled time unless prior arrangements have been with an instructor or the office and should be picked up **promptly** after the completion of their class time.

*The staff at Twisters want to be sure everyone has a safe and enjoyable time while they are at our business establishment.  
Thank you for your cooperation.*

## Gym Rules

**No gum or food allowed in the gym area  
Only Water bottles allowed**

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**Girls Dress Code:** One piece leotard only with no skirting attached. Tight fitting “booty” shorts, or shorts that have no strings or ties attached. Hair pulled back in a ponytail or braid, no shoes, socks, leggings, or tights, absolutely no jewelry while in class. This is for your child’s safety.

**Boys Dress Code:** Elastic waist gym shorts and t- shirt or tank top. No shoes or sock in the gym. Absolutely no watches, necklaces or jewelry of any kind while in class. This is for your child’s safety.

**Discipline:**

If your child is disrespectful or disruptive to another gymnast or coach, he or she will be asked to sit out the remainder of their class. If this continues to become a problem your child could be removed from the gym for an indefinite period. We strive to provide a safe and enjoyable experience for all children enrolled in gymnastics and want it to be a productive time for everyone.