



2018 Twisters Invitational

321 Stagecoach Rd
Grand Island, NE 68803
308-381-0217
Nebraskatwisters.com



Friday, March 16

Session #1... open at 6:00p.m.

Open Opt...Advance Opt & Intermediate (12+yrs)
6:30p.m. - Gym Opens/Stretch
6:45p.m. - Intro
6:55p.m. - Warm-up/ Compete
Awards to Follow

Saturday, March 17

Session #2.. doors open at 7:30

Intermediate Opt (9, 10, 11 yr olds) Novice Opt (10 & 11 yr olds)
8:00a.m. - Gym Opens/Stretch
8:15a.m. - Intro
8:25a.m. - Warm-up/ Compete
Awards to Follow

Session #3

Novice Opt - (7, 8, 9, 12+yr olds)
11:30a.m.-Stretch
1145a.m. - Intro
1155a.m. - Warm-up/Compete
Awards to Follow

Session #4

Level 1's (all ages)
3:00p.m. - Stretch
3:15p.m. - Intro
3:25p.m. - Warm-up/ Compete
Awards to Follow

Session #5

Level 2's (10, 11, 12+ yr olds)
6:30p.m. - Stretch
6:45p.m. - Intro
6:55p.m. - Warm-up/ Compete
Awards to Follow

Sunday, March 18

Session #6.doors .open at 7:20a.m.

Level 2's (5, 6, 7, 8 & 9 yr olds)
7:50a.m. - Gym Opens/Stretch
8:05a.m. - Intro
8:15a.m. - Warm-up/Compete
Awards to Follow

Session #7

Level 3s- (6, 7, 9, & 10 yr olds)
10:15a.m. - Stretch
10:30a.m. - Intro
10:40a.m. -Warm-up/Compete
Awards to Follow

Session #8

Level 3's (8, 11, 12+ yr olds)
1:20p.m. - Stretch
1:35p.m. - Intro
1:45p.m. - Warm-up/Compete
Awards to Follow

Session #9

Boys (All Levels All Ages)
4:30p.m. -Stretch
4:45p.m.- Intro
4:55p.m.- Warm-Up/Compete
Awards to Follow

Admissions: Adults \$4.00

Student-\$2.00

5 yrs and under- Free